

How to guide: Adding the BTC calendar to your phone

- 1) On a desktop or laptop, head to www.bioathletic.com.au/training-club/ and click on the link BELOW the sample calendar:

The screenshot shows the bioathletic website header with navigation links: ABOUT, SERVICES, OUR TEAM, BLOG, LOCATIONS, BOOK NOW. Below the header is a section titled "Outdoor fitness" with a weekly calendar grid for Monday through Friday. The sessions are as follows:

Monday	Tuesday	Wednesday	Thursday	Friday
BeachFit 5:30 AM - 6:45 AM	Strength & stability session 5:30 AM - 6:45 AM	BeachFit 5:30 AM - 6:45 AM	Endurance long run 5:30 AM - 7:00 AM	Boxing 5:30 AM - 6:45 AM
		Beginner's Run Club 6:00 AM - 7:00 AM		
Strength & stability session 9:00 AM - 10:00 AM		Trail Run 9:00 AM - 10:00 AM		High Energy Fitness 9:00 AM - 10:00 AM
Power running 6:30 PM - 7:30 PM		Strength & stability session 6:30 PM - 7:30 PM	Beginner's Run Club 6:30 PM - 7:30 PM	
				Twilight Trails Headlights required 7:15 PM - 8:15 PM

At the bottom of the calendar grid, there is a link: "This calendar is an illustration of sessions in the BTC, but for up to date sessions, times and locations we encourage you to download our full calendar here". A red arrow points to this link.

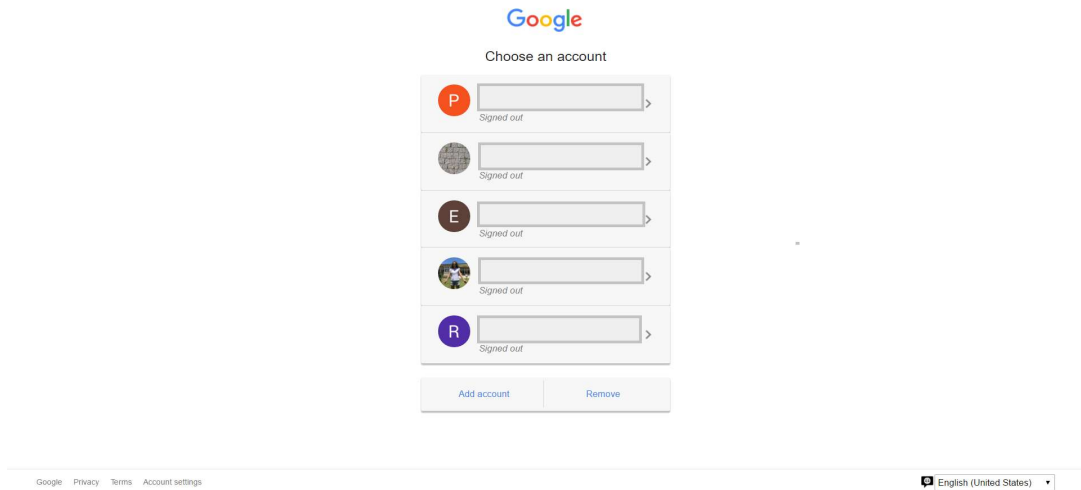
Note: Steps 1-3 must be done on a computer, not a tablet or phone.

- 2) This opens a new tab/window with the BTC calendar. To add this to your calendars, click on the "+" symbol in the bottom right corner:

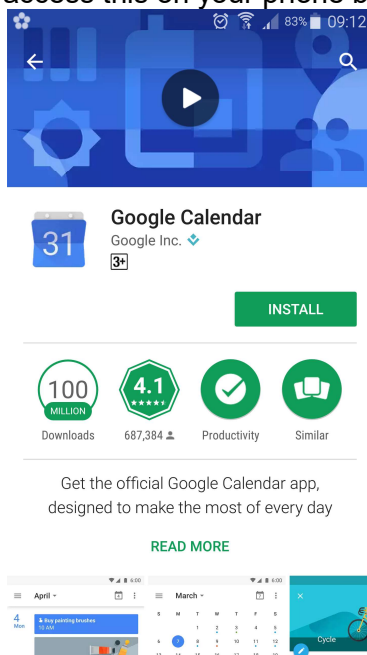
The screenshot shows the Google Calendar interface for "Bioathletic Outdoor & Energy Fitness". The calendar is displayed in a monthly view for February 2017. The events are color-coded and listed by day. A red arrow points to the "+" icon in the bottom right corner of the calendar grid, which is used to add the calendar to a user's phone.

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- 3) This brings up a Google login page (unless you're already logged in, in which case you can skip straight to Step 4. Click on the login you wish to add the calendar to, or click on "Add account" if the login does not appear:



- 4) This has added the BTC calendar to your list of internet calendars. You can then access this on your phone by downloading the Google Calendar app:



- 5) Ensure that "Bioathletic Outdoor & Energy Fitness" is ticked in your list of calendars (the list is accessible via clicking on the three lines in the top right corner of the app).

You've now got access to our live calendar. Locations, session types and instructors are updated regularly and your app should update at least daily so the information is always current.