



Energy Fitness Membership Policy

- Your EF membership is like a gym membership - it is an ongoing subscription, billed weekly.
- You may pause your membership for a maximum of 8 weeks per calendar year. Any more than that will incur an increase in your fees of 20% for the remainder of the calendar year.
- Membership pauses are for extended travel and injury or illness, not for school holidays or long weekends etc.
- You can pause your membership for a minimum of 3 weeks per absence i.e. not over two week school holidays.
- If you choose to hold for 3 weeks but only require two weeks off training you may return and be charged a casual rate of \$25.00 per class that you attend (current members only).
- The reason for this policy is to encourage consistency - casual attendance does not work. It's proven to reduce the effectiveness of your training and results.
- Energy Fitness may increase fees at any time and will give members prior notification before any increases are processed.

Why?

- We need to plan our schedule and instructors in advance based on our active membership numbers.
- We offer a very valuable product and great experienced staff to look after you.
- Our fees are very reasonable and competitive with you receiving unlimited classes including Pilates and Yoga - you can pay up to \$35 per class for a Yoga or Pilates class in the Shire.
- Therefore, in order to keep these fees low, this policy must be in place.

Cancellation of Membership

- You may cancel your membership at any time, there are no lock in contracts.
- We require a weeks' notice in writing to cancel your membership.
- Once we receive this you will be charged one final week.
- You can re-instate your membership at any time, our door is always open!